



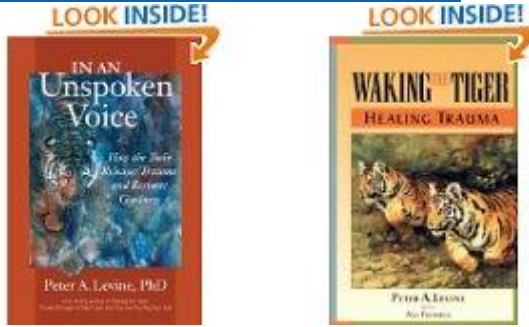



Somatic Resources:

Name	Organization	Publications	Training
 <p>http://www.mind-fitness-training.org/ab_founder.html</p>	 <p>http://mind-fitness-training.org/</p>	<p>Research: http://mind-fitness-training.org/re_pubs.html</p>	<p>Mindfulness-based Mind Fitness Training (MMFT) Intensive Course: http://mind-fitness-training.org/tr_courses_individual.html May 12-18 in Estes Park, Colorado August 17-23 in Sharpsburg, Maryland</p>
 <p>Peter Levine</p>	 <p>http://www.traumahealing.com/</p>	<p>http://www.amazon.com/s/ref=nb_sb_noss_1?url=search-alias%3Daps&field-keywords=peter%20levine&srefix=peter%2Caps&rh=i%3Aaps%2Ck%3Apeter%20levine</p> 	<p>Somatic Experiencing Practitioner (SEP) Certification http://www.traumahealing.com/somatic-experiencing-trainings/index.html SE Training Schedule: http://www.traumahealing.com/training-schedule-blue/index.html</p>
 <p>Gonzalo Cordova</p>	<p>Newfield Network Body and Movement Program http://www.newfieldnetwork.com/New2/CoachTraining/BodyandMovementProgram/index.cfm</p>		<p>Body and Movement Program (BaM) Conference Dates: May 19-23, 2014 and Sept 15-19, 2014 Location: Winter Park, Colorado</p>

Amanda Blake



<http://embright.org/m/andy/>

<http://embright.org/>

Your Body Is Your Brain™

*Get Smarter About What Matters
By Harnessing Your Full Intelligence*

<http://embright.org/book/>

Body = Brain
<http://embright.org/body-brain/>
Next class begins
April 8

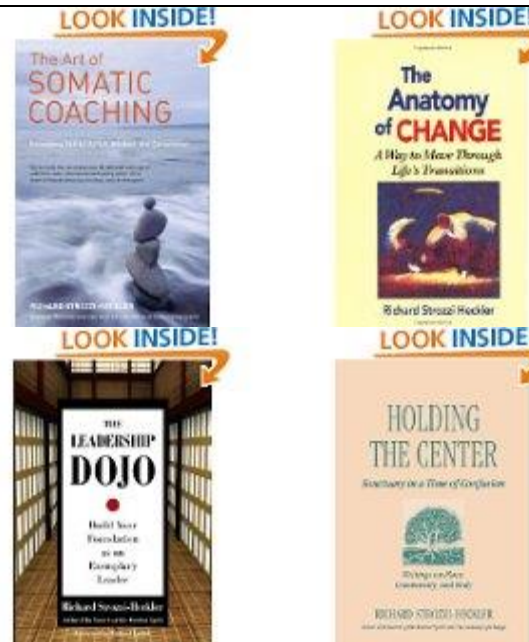
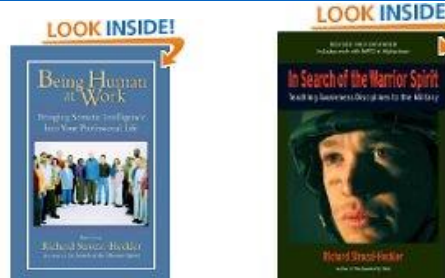
Free call March 13: 3
Keys to Embodied
Transformation:
<http://embright.org/frecall/>

Richard Strozzi-Heckler



<http://www.strozzinstitute.com/about/faculty>

STROZZI INSTITUTE
<http://www.strozzinstitute.com/home>



http://www.amazon.com/Richard-Strozzi-Heckler/e/B000AR9N8S/ref=ntt_athr_dp_pel_1

<http://www.strozzinstitute.com/leadership+mastery/course+offerings>

Strozzi Bodywork
Seminar:
<http://www.strozzinstitute.com/strozzi+bodywork+seminar>

Joe Weston



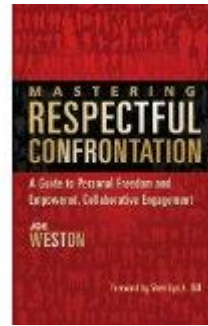
http://www.ioeweston.com/joe_weston_about.php



<http://www.respectfulconfrontation.com/category/events/?eventDisplay=upcoming>



<http://heartwalker.org/about.php>



http://www.amazon.com/Mastering-Respectful-Confrontation-Collaborative-Engagement/dp/0983461406/ref=sr_1_1?ie=UTF8&qid=1393776643&sr=8-1&keywords=joe+weston

Articles:

http://www.ioeweston.com/joe_weston_articles.php

<http://www.respectfulconfrontation.com/category/events/?eventDisplay=upcoming>

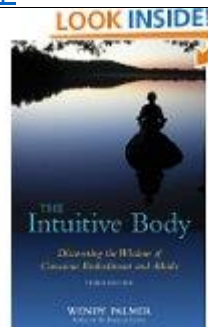
Wendy Palmer



<http://leadershipembodiment.com/about.html>

Leadership Embodiment

<http://leadershipembodiment.com/index.html>



http://www.amazon.com/Wendy-Palmer/e/B000AR9NBU/ref=sr_tc_2_0?qid=1393776363&sr=1-2-ent

Programs:

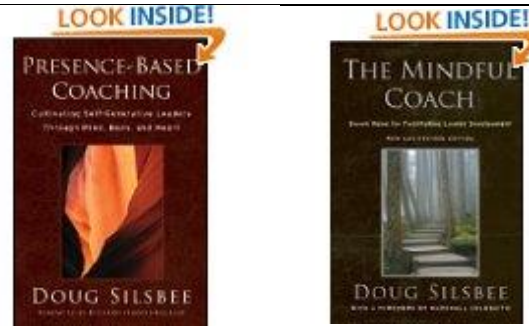
<http://leadershipembodiment.com/programs.html>

Doug Silsbee



<http://www.dougsilsbee.com/doug>

Presence-Based Leadership Development®
DOUG SILSBEE, PCC
<http://www.dougsilsbee.com/training>



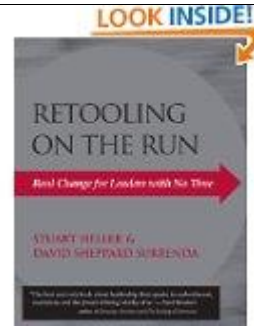
http://www.amazon.com/s/ref=ntt_athr_dp_sr_1?encoding=UTF8&field-author=Doug%20Silsbee&search-alias=digital-text&sort=relevancerank

Presence-Based Coaching:
<http://www.dougsilsbee.com/training/retreats>

Stuart Heller



<http://www.walkingyourtalk.com/stuart-heller.html>



http://www.amazon.com/Stuart-Heller/e/B001K7XDRO/ref=sr_ntt_srch_lnk_1?qid=1393777592&sr=8-1

Power of Embodied Transformation: 3 month intensive Coaching Training

Free download of short teachings from each of these Somatic Trainers (if you provide your email address: <http://www.coachesrising.com/landing/poet/>)

Session 1



SUZANNE SCURLOCK-DURANA - HEALING FROM THE CORE™

Suzanne explores why it's so important to remain centered when working with clients. She tells us what becomes possible when we are able to do so and generously shares a practice we can begin using straight away to strengthen our presence

Session 2



DOUG SILSBREE - PRESENCE-BASED COACHING™

Doug explains why presence is the fundamental capacity coaches need to develop. He unpacks three key aspects of presence and walks us through each one experientially, demonstrating how we can use them when working with clients.

Session 3



RICHARD STROZZI-HECKLER - THE STROZZI INSTITUTE™

Richard unpacks the Soma, a domain of our clients that includes their bodily sensations, feelings and emotions, thoughts and actions, and how as coaches we can work with it to help our clients gain a powerful awareness of their conditioned response to the world.

Session 4



AMANDA BLAKE - EMBRIGHT™

Amanda explores the inextricable link between our brains, bodies and behaviours and how we as coaches can leverage it to great effect with our clients. Drawing on her experience as a master somatic coach, Amanda unpacks the neuroscience behind embodiment to open up a whole new world.

Session 5



GINNY WHITELAW - THE ZEN LEADER™

Ginny explores how ancient wisdom and modern neuroscience both point to the great accelerator of development, mindfulness in the body. She explains that, as coaches we need to embody this wisdom and transmit it to our clients. She generously shares a practice to help us develop this capacity.

Session 6



WENDY PALMER - LEADERSHIP EMBODIMENT™

Wendy unpacks the difference between personality and center and how we can begin to recognize the body's habitual stress patterns. Upon doing so we can discover alternative response patterns that tap into intuition, creativity and compassion whilst under pressure.

Session 7



MARLENA FIELD - BODY CENTERED COACHING

Marlena explores the internal bully and how we can transform it into a powerful ally. She tells us how the body is an access point for discovering more information, about our limiting beliefs, fusions and fears.